



# COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION-PROGRAM YEAR 2019-2020

COMPLETE ALL REQUIREMENTS (60 HOURS)

## AREA I

TAKE THE FOLLOWING COURSES:

ENG 1101	COMP AND MODERN ENGLISH I	3 HOURS
ENG 1102	COMP AND MODERN ENGLISH II	3 HOURS

MINIMUM GRADE OF "C" REQ

## AREA II

TAKE ANY 1000-2000 LEVEL COURSE IN LITERATURE	3 HOURS
TAKE ANY 1000-2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.	3 HOURS

TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.	6 HOURS
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NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

## AREA III

TAKE MTH 1110 OR MTH 1112 MINIMUM GRADE OF "C" REQ	3 HOURS
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TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240.	8 HOURS
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## AREA IV

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY	3 HOURS
TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.	9 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

## AREA V

IS 2241	COMPUTER CONCEPTS AND APPLICATIONS	3 HOURS
TROY 1101	UNIVERSITY ORIENTATION	1 HOUR
KHP 2200	HEALTH CONCEPTS	1 HOUR
KHP 2202	FIRST AID, SAFETY AND CPR	2 HOURS
KHP 2240	PERSONAL AND COMMUNITY HEALTH	3 HOURS
TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES		2 HOURS
TAKE 7 HOURS OF ADVISER APPROVED ELECTIVES		7 HOURS

## COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION-PROGRAM YEAR 2019-2020

### HEALTH PROMOTION MAJOR 2.0 GPA REQUIRED

(42 HOURS)

KHP 2211	HUMAN NUTRITION	3 HOURS
KHP 2251	FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH	3 HOURS
KHP 2260	APPLIED FITNESS CONCEPTS	2 HOURS
HSTM 3301	LEISURE IN SOCIETY	3 HOURS
KHP 3310/L310	INTRODUCTION TO FOOD SCIENCE AND LAB	3/1 HOURS
KHP 3316	COMMUNITY NUTRITION	3 HOURS
HSTM 3340	PRINCIPLES OF RECREATION	3 HOURS
KHP 3350	PSYCHOLOGY OF WELLNESS	3 HOURS
SOC 3365	SOCIOLOGY OF SPORT	3 HOURS
HS 3370	PROFESSIONAL COMMUNICATION SKILLS	3 HOURS
KHP 3391	TESTING & STATISTICAL INTERPRETATION	3 HOURS
KHP 4427	HEALTH BEHAVIOR	3 HOURS
KHP 4442	HEALTH EDUCATION	3 HOURS
KHP 4458	LIFECYCLE NUTRITION	3 HOURS

### MINOR REQUIREMENT

(18 HOURS)

AT LEAST ONE 18 SEMESTER HOUR MINOR IS REQUIRED TO COMPLETE THIS DEGREE PROGRAM. ADDITIONAL MAJORS ARE ACCEPTABLE.